

Set the mood.

Choose a comfortable, relaxed environment where you won't be interrupted. Turn off distractions, put phones on silent (unless recording), and create a space that feels safe and open.

This isn't just a game — it's an opportunity.

An opportunity to sit down with your parents and discover who they truly are beyond the role of "mum" or "dad." To hear their stories, their thoughts, their memories, their lessons, and perhaps even the parts of their lives you've never explored before.

We strongly encourage you to record the experience (with their permission). One day, hearing their voices, their laughter, and the way they answered certain questions may become something incredibly meaningful — a moment you can return to and relive.

Take your time.
Go deeper.

Ask the questions you've never asked before.
This is about connection.
This is about understanding.
This is about preserving memories while you still can.

Enjoy the conversation